

EightCAP, Inc.

Community Resource Directory



Ionia County 2023

... a Community Action Agency –

Administrative Office

5827 Orleans Road, Orleans, MI 48865

Phone: (616) 754-9315

Fax: (616) 754-9310

Michigan Relay Center: (800) 649-3777 (Voice and TDD)

EightCAP, Inc. is an equal opportunity employer/program.
Auxiliary aids and services are available upon request to individuals with disabilities.

Online version available at
www.8cap.org

In this directory you will find valuable information regarding:

- Quick Find Numbers (Pages 4-8)
- Hotline Numbers (Pages 9-10)
- Food (Pages 3, 11-13)
- Community Meals (Page 13)
- Community Resources (Pages 14-31)
- Michigan Government Directory (Page 32)

At the time of this printing all information in the directory was accurate, but it can change at any time. For the most current version of this directory, please visit our website at www.8cap.org.

EightCAP, Inc. improves our community by partnering with private, government, and community organizations to deliver programs to low-income residents that alleviate the local causes of poverty and its effects. Programs offered through EightCAP are as follows:

COMMUNITY SERVICES - EightCAP, Inc. Community Services assist income-eligible households with heat and utility assistance, food distributions, medical prescription copays, and various needs depending on funding availability. Community Services also offers assistance with food pantry information and distributions, and referrals to other services not provided by EightCAP. The Emergency Assistance Application is located on our website, www.8cap.org.

HOUSING PROGRAMS – EightCAP, Inc. Housing Programs assist low-income households with rental assistance, deposit assistance, emergency shelter (hotel/motel vouchers) and limited utility payment assistance. These services are offered through the Emergency Solutions Grant and the Emergency Shelter Program. As the Housing Assessment and Resource Agency (HARA) in the county, EightCAP registers and places homeless households on the Housing Choice Voucher Waitlist with a Homeless Preference Code.

Through the Supportive Services for Veterans Families, services can include rental assistance, deposit assistance, emergency shelter stays, moving costs, emergency housing services, transportation assistance and limited car repair assistance. These services are available to low-income households, who have served at least one-day active duty and were discharged under any other circumstances than dishonorable.

The Rapid Rehousing Program is available to literally homeless households (some conditions may apply). This program may pay up to 18 months of rental assistance and security deposit. It is an intensive case management program where clients work to address barriers that are present and develop skills to retain housing and become self-sufficient.

The HUD Rapid Rehousing Program is an income-based program available to literally homeless households. This program provides intensive case management, as well as up to 24 months of rental assistance and security deposit.



Commodity Food Distribution Sites, Income Guidelines & Schedules For October 1, 2022 – September 30, 2023

Remain in your vehicle and safely pull your vehicle into line at the food truck. Participants will not sign for the food boxes; a representative will check you in and then place your food boxes in your trunk. DO NOT ENTER THE BUILDING. Thank you.

The **Commodity Supplemental Food Program (CSFP)** is a food program for those 60 and over who fall within the income guidelines listed below. For those eligible, supplemental boxes (2) of food are delivered every other month at a site(s) in each county. Two boxes are allowed every other month (One box for each month).

CSFP Guidelines

Household Size	Yearly	Monthly
1	\$17,667	\$1,473
2	\$23,803	\$1,984
3	\$29,939	\$2,495
4	\$36,075	\$3,007
5	\$42,211	\$3,518
6	\$48,347	\$4,029
For Each Additional Household Member Add:	\$6,136	\$512

CSFP Site and Schedule

Site	Dates	Time
Alma Elks Lodge 610 W. Warwick, Alma	4 th Monday of October, December 9 th (due to holidays), February, April, June & August	9:30 am - 11:00 am
Gratiot Commission on Aging 515 W Pine River, Ithaca	4 th Monday of October, December 9 th (due to holidays), February, April, June & August	12:30 pm - 1:30 pm
Ionia Moose Lodge 869 E Lincoln Ave., Ionia	4 th Tuesday of October, December 16 th (due to holidays), February, April, June & August	10:30 am - 11:30 am
Immanuel Lutheran Church 320 S Bradley, Mt. Pleasant	4 th Wednesday of October, December 22 nd (due to holidays), February, April, June & August	10:00 am - 11:00 am
Arms of Love, 1200 N Lafayette St, Greenville	1 st Thursday of October, December, February, April, June & August	10:30 am - 11:30 am
Grace Community Church 9920 N Reed Rd, Howard City	1 st Thursday of October, December, February, April, June & August	1:30 pm - 2:30 pm

There are several private locations across the counties where CSFP can be obtained if you are a resident.

Ionia- Belhaven/Woodhaven

Isabella- Riverview, Immanuel Village & Winchester Towers

Montcalm- Friendship Houses, Tamarack Creek Apts. & Mulberry Estate

This institution is an equal opportunity provider

Quick Find Phone Numbers

Use the **Quick Find Index** pages as a quick reference for phone numbers. See the Community Resource pages for further agency information.

<u>Abuse</u>	Catholic Charities West Michigan	(616) 855-5923
<u>Child/Adult</u>	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	Relief After Violent Encounter (RAVE)	(616) 527-3351
<u>Budgeting/ Financial</u>	MSU-Extension	(989) 875-5233
	Women's Resource Center	(616) 458-5443
<u>Clothing</u>	Christian Service Center	(616) 527-1530
	Encountering Lives Baby Pantry	(616) 794-5080
	Goodwill Stores-Ionia.....	(616) 527-4404
<u>Counseling Services/ Mental Health</u>	Four Health Family Resource Center	(616) 642-6466
	Mid State Health Network-MSHN	(844) 405-3095
	Relief After Violent Encounter (RAVE)	(616) 527-3351
	River's Edge Drop-in Center	(616) 522-9773
	The Right Door	(888) 527-1790
	Two Rivers Counseling	(616) 647-4747
<u>Disability/ Special Needs</u>	Area Agency on Aging	(616) 456-5664
	Build Up Michigan	(888) 320-8384
	Ionia County Intermediate School District-ICISD	(616) 527-4900
	Social Security Administration	(877) 405-7667
	Special Olympics Michigan.....	(989) 774-3911
	The Right Door	(888) 527-1790
<u>Education For Adults</u>	Belding Community Education	(616) 794-4646
	Davenport University.....	(800) 968-9710
	Federal Student Aid-FAFSA	(800) 433-3243
	Heartlands Institute of Technology.....	(616) 527-6540
	Mid-Michigan Migrant & English Language Learners	(616) 794-4753
	Montcalm Community College	(989) 328-2111
	MICAN	(616) 527-4900
	MSU-Extension	(989) 875-5233
	Portland Alternative & Community Education	(517) 647-2987
	TRIO Educational Opportunities Center	(616) 234-3596
	Women's Resource Center	(616) 458-5443
<u>Emergency</u>	American Red Cross	(616) 456-8661
	Lakewood Community Council.....	(616) 374-8861
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	Poison Control Center.....	(800) 222-1222
	Relief After Violent Encounter (RAVE)	(616) 527-3351
	Salvation Army	(855) 929-1640
	Sheriff's Department	(616) 527-5737

<u>Employment Services</u>	AARP Foundation Senior Community Service Employment Program.....	(616) 336-4295
	Manpower	(616) 527-6688
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	West Michigan Works!	(616) 389-8525
	Women’s Resource Center	(616) 458-5443
<u>Food</u>	Commission on Aging	(616) 527-5365
	EightCAP, Inc.....	(616) 754-9315
	Ionia County Health Department	(616) 527-5341
	Lakewood Community Council.....	(616) 374-8861
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
<u>Furniture/ Household</u>	Christian Service Center	(616) 527-1530
	Enrich	(616) 522-1126
	Habitat for Humanity ReStore	(616) 841-9202
	Sleep in Heavenly Peace.....	(844) 432-2337
<u>Government (City/ County)</u>	County Clerk.....	(616) 527-5322
	Friend of the Court.....	(866) 543-2660
	Sheriff’s Department.....	(616) 527-5737
	State Police	(989) 352-8444
<u>Health/ Medical</u>	American Legion-Belding Post.....	(616) 794-2841
	American Legion-Saranac Post	(616) 642-9674
	Area Agency on Aging	(616) 456-5664
	Commission on Aging	(616) 527-5365
	Hospice of Michigan.....	(888) 247-5701
	Ionia Area Hospice	(616) 527-0681
	Ionia County Health Department.....	(616) 527-5341
	Lions Club-Saranac.....	(616) 901-5473
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	MiChild/Healthy Kids	(888) 988-6300
	Tri-County HomeWorks People Fund.....	(800) 421-8956
<u>Homeless/ Housing Services</u>	Area Agency on Aging	(616) 456-5664
	Belding Emergency Fund	(616) 794-1900
	EightCAP, Inc. Housing Hotline, ext. 3	(866) 754-9315
	Habitat for Humanity	(616) 841-9202
	Have Mercy.....	(616) 225-8055
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	Michigan State Housing Development Authority-MSHDA.....	(517) 241-0809
	MSU-Extension	(989) 875-5233
	Tri-County HomeWorks People Fund.....	(800) 421-8956
	USDA Rural Development	(800) 944-4111
	Relief After Violent Encounter (RAVE)	(616) 527-3351
<u>Infant/ Child/ Teen</u>	EightCAP, Inc./GSRP.....	(616) 208-1580
	Encountering Lives Baby Pantry	(616) 794-5080
	Ionia County Health Department.....	(616) 527-5341
	Ionia County Intermediate School District	(616) 527-4900

<u>Infant/</u>	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
<u>Child/</u>	MiChild/Healthy Kids.....	(888) 988-6300
<u>Teen (Cont.)</u>	MSU-Extension-4H.....	(616) 527-5357
	Lions Club-Saranac.....	(616) 901-5473
	Special Olympics Michigan.....	(800) 644-6404
	The Right Door	(888) 527-1790
<u>Legal</u>	Dispute Resolution Center	(616) 774-0121
	Elder Law of Michigan	(866) 400-9164
	Farmworker Legal Services	(269) 492-7190
	Legal Aid of Western Michigan	(616) 774-0672
	Michigan Legal Help	See Website
	Michigan Migrant Legal Services.....	(616) 454-5055
<u>Literacy</u>	Ionia County Literacy Council	(616) 389-8529
<u>Military/</u>	American Red Cross of Greater Grand Rapids	(616) 456-8661
<u>Veterans</u>	Better Business Bureau Military Line	(800) 684-3222
	Buddy-To-Buddy	(800) 642-4838
	Family Assistance Center-Grand Valley Armory.....	(517) 481-7323
	Goodwill Industries.....	(231) 206-0127
	HUD-VASH.....	(616) 356-1746
	Michigan State University Extension	(888) 678-3464
	Michigan Veterans Affairs Agency	(800) 642-4838
	Military OneSource.....	(800) 342-9647
	Service to Soldiers Legal Assistance Referral Program	(517) 371-5140
	Supportive Services for Veteran Families (EightCAP, Inc.)	(866) 754-9315
	United States Department of Veteran Affairs (VA)	(844) 698-2311
	Veterans Crisis Line.....	(800) 273-8255
	Veterans4USA	(616) 418-8797
	VFW National Home for Children	(800) 313-4200
<u>Nutrition</u>	Ionia County Health Department.....	(616) 527-5341
	MSU-Extension	(616) 527-5357
<u>Parenting</u>	Adoptive Family Support Network	(616) 458-7945
	Encountering Lives Baby Pantry	(616) 794-5080
	Four Health Family Resource Center	(616) 642-6466
	Great Start to Quality	(877) 614-7328
	Ionia County Health Department.....	(616) 527-5341
	Ionia County Intermediate School District	(616) 527-4900
	Michigan Department of Health & Human Services-MDHHS	(616) 527-5200
	MSU-Extension	(989) 875-5233
	Women's Resource Center	(616) 458-5443
<u>Pregnancy</u>	Alpha Family Services of Greenville.....	(616) 225-2265
<u>Services</u>	Alpha Family Center of Lowell.....	(616) 987-9533
	Alpha Family Center of Lake Odessa.....	(616) 537-4200
	Ionia County Health Department.....	(616) 527-5341
	Positive Solutions Informed Choices-PSIC	(616) 755-6077

<u>Preschool</u>	EightCAP, Inc 0-5 Head Start/GSRP ext. 2.....	(866) 754-9315
	Ionia County Intermediate School District.....	(616) 527-4900
<u>Schools- Public/ Charter</u>	Belding Public Schools.....	(616) 794-4700
	Flat River Academy.....	(616) 754-9360
	Heartlands Institute of Technology.....	(616) 527-6540
	Ionia County Intermediate School District.....	(616) 527-4900
	Ionia Public Schools.....	(616) 527-9280
	Lakewood Public Schools.....	(616) 374-8043
	Portland Public Schools.....	(517) 647-4161
	Saranac Community Schools.....	(616) 642-1400
<u>Senior Citizens</u>	AARP Foundation Senior Community Service Employment Program.....	(888) 456-5664
	Area Agency on Aging.....	(616) 456-5664
	Commission on Aging.....	(616) 527-5365
	EightCAP, Inc. ext. 5.....	(616) 754-9315
	Portland Area Service Group.....	(517) 647-4004
	Social Security Administration.....	(877) 405-7667
<u>Substance Abuse</u>	Alcoholics' Anonymous.....	(800) 821-3014
	Have Mercy: Genesis2.....	(616) 225-8055
	Ionia County Health Department-ICHHD.....	(616) 527-5341
	Mid-State Health Network-MSHN.....	(844) 405-3095
	Montcalm Alano Club.....	(616) 232-2002
	Randy's House of Greenville.....	(616) 232-2915
	The Right Door.....	(888) 527-1790
<u>Tax Assistance</u>	Commission on Aging.....	(616) 527-5365
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	United Way - VITA.....	(616) 794-9840
<u>Trans- portation</u>	Commission on Aging.....	(616) 527-5365
	Belding Dial-A-Ride/Bel-hop.....	(616) 794-3278
	Ionia Dial-A-Ride/I-Dart.....	(616) 527-4000
<u>Utility Assistance</u>	Belding Emergency Fund.....	(616) 794-1900
	Assurance Wireless (free cell phone).....	(888) 321-5880
	EightCAP, Inc. (heat/utility).....	(616) 236-1027
	Lakewood Community Council.....	(616) 374-8861
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	SafeLink (free cell phone).....	(800) 773-9328
	Salvation Army.....	(855) 929-1640
	Tri-County HomeWorks People Fund (heat/utility).....	(800) 421-8956
<u>Volunteer Services</u>	Commission on Aging.....	(616) 527-5365
	Habitat for Humanity.....	(616) 841-9202
	Michigan Department of Health & Human Services-MDHHS.....	(616) 527-5200
	United Way Montcalm-Ionia Counties.....	(616) 794-9840



2-1-1 connects you with thousands of nonprofit and government resources in your area. Michigan 2-1-1 is an easy way to connect with help of all kinds, right in your community. Need help with food, housing, or paying bills? Need support in a family crisis or community disaster? We are here for you. Any time. All the time. Just call, text, or search online and we will get you connected.

Phone: Dial 211 or 1-800-887-1107; Text: your zip code to 898211; Live Chat: [HWMUW.ORG/211](https://www.hwmuw.org/211)

Hotline Numbers

ALCOHOL/DRUG ABUSE HELPLINE & TREATMENT	(844) 289-0879 www.drughelpline.org
BOYS & GIRLS TOWN NATIONAL HOTLINE	(800) 448-3000 www.boystown.org
CENTER FOR DISEASE CONTROL & PREVENTION INFORMATION	(800) 232-4636 www.cdc.gov
CENTER FOR MISSING & EXPLOITED CHILDREN	(800) 843-5678 www.missingkids.com
CHILD & ADULT LICENSING COMPLAINTS (ABUSE AND NEGLECT)	(855) 444-3911 www.michigan.gov/mdhhs
CHILD FIND OF AMERICA	(800) 426-5678 www.childfindofamerica.org
CHILD HELP USA INFORMATION CENTER	(800) 422-4453 www.childhelp.org
CHILD SUPPORT PAYMENTS (MISDU OFFICE OF CHILD SUPPORT)	(877) 543-2660 www.misdu.com
CHILDREN'S SPECIAL HEALTH CARE SERVICES FAMILY CENTER	(800) 359-3722 www.michigan.gov/mdhhs
CONSUMER CREDIT COUNSELING SERVICE	(800) 388-2227 www.nfcc.org
CONSUMER PRODUCT SAFETY COMMISSION	(800) 638-2772 www.cpsc.gov
DEPRESSION AFTER DELIVERY	(800) 944-4773 www.postpartum.net
DOMESTIC VIOLENCE NATIONAL HELPLINE	(800) 799-7233 www.thehotline.org
EIGHTCAP'S HOUSING & HOMELESS HOTLINE	(866) 754-9315 x3 www.eightcap.org
FOOD & NUTRITION PROGRAM HELPLINE (SNAP)	(855) 275-6424 www.fns.usda.gov
HUMAN TRAFFICKING HOTLINE	(888) 373-7888 www.humantraffickinghotline.org

MEDICAID HELPLINE (MICHIGAN)	(888) 367-6557 www.mihealth.org
MI-RX DISCOUNT CARD	(800) 259-8016 www.mihealth.org
MICHIGAN ASSOCIATION ON PROBLEM GAMBLING HELPLINE	(800) 270-7117 www.michapg.com
MOTHERS AGAINST DRUNK DRIVING (MADD)	(877) 623-3435 www.madd.org
NATIONAL RUNAWAY SAFELINE	(800) 786-2929 www.1800runaway.org
POISON CONTROL	(800) 222-1222 www.poisonhelp.org
SAFE DELIVERY OF NEWBORNS	(866) 733-7733 www.michigan.gov/mdhhs
SEXUAL ASSAULT HOTLINE	(800) 656-4673 www.rainn.org
SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION	(800) 662-4357 www.samhsa.gov
SUICIDE PREVENTION NATIONAL LIFELINE	(800) 273-8255 www.suicidepreventionlifeline.org
THE HEAT & WARMTH FUND (THAW)	(800) 866-8429 www.thawfund.org
THURSDAY'S CHILD	(800) 872-5437 www.thursdayschild.org
USDA MEAT AND POULTRY HOTLINE	(888) 674-6854 www.usda.gov
USDA NATIONAL HUNGER HOTLINE	(866) 348-6479 www.fns.usda.gov
VETERAN'S CRISIS LINE - VETERAN'S AFFAIRS	(800) 273-8255 www.veteranscrisisline.net
VULNERABLE CHILDREN, ADULTS & SENIORS HELPLINE	(855) 444-3911 www.michigan.gov/mdhhs
WE TIP HOT LINE (ANONYMOUS CRIME REPORTING HOTLINE)	(800) 782-7463 www.wetip.com

Food Pantries

BELDING

ENCOUNTERING LIVES BABY PANTRY

(616) 794-5080

1213 W State Street, Belding MI 48809

encountercommunitychurch.org/cares

Open 2nd Thursday of the month 9:00 am - 11:00 am and 5:30 pm -7:30 pm.

If you live in Belding, Dial-a-Ride is offering free transportation to the baby pantry during the scheduled morning hours only.

ST. JOSEPH-ST MARY CATHOLIC CHURCH-BELDING FOOD PANTRY (616) 794-2145

409 S Bridge Street (Old School Section), Belding, MI 48809

www.saintscjm.com

Open Thursdays (except for holidays) from 2:00 pm - 3:00 pm. Participants must sign in and provide an address although they do not have residency requirements. Food may be accessed once a month.

IONIA

Illuminate Food Pantry

(616) 527-9335

83 E Tuttle Road, Ionia, MI 48846

Food pantry and clothing Monday & Wednesday 3:00 pm - 4:00 pm. Call ahead for appointments in emergency situations.

IONIA SEVENTH DAY ADVENTIST CHURCH

(616) 527-6465

721 Elmwood Drive, Ionia, MI 48846

www.ioniami.adventistchurch.org

Food pantry open 3rd Tuesday from 9:30 am – 1:00 pm. Clothing may be available.

LINCOLN AVENUE BAPTIST CHURCH

(616) 527-0970

345 Lincoln Avenue, Ionia, MI 48846

www.lincolnavebaptist.com

Open by appointment only, Tuesdays 4:00 pm – 5:00 pm. Call for appointment.

ZION UNITED METHODIST CHURCH

(616) 527-1910

423 W Washington Street, Ionia, MI 48846

Food Bank Hours: Wednesday 2:00 pm - 4:30 pm. Office Hours: Monday – Thursday 9:00 am – 1:00 pm. Mobile food truck is every 2nd Tuesday at 4:00 pm at the Fair Grounds (except July, which is at Zion Church and in Dec, Jan. & Feb it is located at the Public Safety building). Families must bring their own containers.

LAKE ODESSA

FIRST CONGREGATIONAL CHURCH

(616) 374-8753

767 Fourth Avenue, Lake Odessa, MI 48849

Appointments needed. Please call ahead

MANNA'S MARKET PANTRY

(269) 838-5887

7180 Velte Road, Lake Odessa, MI 48849 (PO Box 18, Woodland, MI 48897) www.mannasmarket.org

Monday 10:00 am – 2:00 pm; Thursday 4:00 pm – 7:00 pm; Friday 10:00 am - 12:00 pm, and 5:00 pm – 7:00 pm. Serves Barry, parts of Eaton & Ionia Counties; North to I96 corridor, West to Clarksville/Saranac area and East to Portland area. Clothing, food, baby items.

Helps once a month. Must show proof that residence is south of I-96. Proof of income is also required for all adults in the household.

LAKE ODESSA - CONTINUED

PLEASANT VALLEY UNITED BRETHERN

(616) 693-2265

13120 Bell Road, Lake Odessa, MI 48849

Food and baby pantry: Wednesday 4:00 pm - 6:00 pm; and Friday 11:00 am - 1:00 pm.

ORLEANS

SHILOH COMMUNITY CHURCH

(616) 761-3584

8197 Heth Street, Orleans, MI 48865

www.shilohcc.org

Call Monday – Thursday 9:00 am – 3:00 pm to receive food. The food pantry is open on Mondays from 11:00 am – 12:00 pm. Pantry assistance available 6 times per year.

EightCAP, INC

(616) 236-1027

5827 Orleans Rd, Orleans, MI 48865

Food pantry available while supplies last, please call ahead for an appointment. Monday – Friday 8:00 am – 4:30 pm.

PORTLAND

EPIC COMMUNITY CHURCH

(517) 647-7750

1455 E Grand River Avenue, Portland, MI 48875

www.epic-community.org

Food and Hygiene pantry is 1st Saturday of the month, by appointment only, 9:00 am - 12:00 pm. Call to schedule. Emergency needs appointments may be made throughout the month by calling.

FIRST CONGREGATIONAL CHURCH

(517) 647-6441

421 E Bridge Street, Portland, MI 48875

Food pantry Tuesdays 9:00 am – 11:00 am & Wednesdays 5:00 pm – 7:00 pm, by appointment only. Please call to schedule.

PORTLAND COMMUNITY FOOD BANK

(517) 647-4649

Portland Methodist Church, 310 E Bridge Street, Portland, MI 48875

www.portlandumc.org

Food pantry open Mondays 9:00 am – 12:00 pm and Thursdays 4:00 pm – 6:00 pm. Proof of income required. Available to Portland School residents, once per 6 weeks.

SARANAC

SARANAC COMMUNITY CHURCH

(616) 642-6322

125 S Bridge Street, Saranac, MI 48881

www.saranacchurch.org

Food pantry is open Thursdays 2:00 pm - 4:00 pm for residents of Saranac and Clarksville, no appointment needed. Families may come once per month.

Congregate Meals

BELDING MINISTERIAL ASSOCIATION**(616) 794-2145***God's Kitchen: 409 S Bridge Street, Belding, MI 48846**Thursdays at 4:30 pm - 6:00 pm. ID required as proof of Belding residency.*

FIRST CONGREGATIONAL CHURCH**(517) 647-6441***421 E Bridge Street, Portland, MI 48875**Mondays at 4:00 pm - 6:00 pm. Meals available September-May*

FIRST UNITED METHODIST CHURCH**(616) 527-1860***105 E Main Street, Ionia, MI 48846**Mondays at 6:00 pm*

MEALS ON WHEELS-IONIA COMMISSION ON AGING**(616) 527-5365***115 Hudson Street Ionia, MI 48846*

Mondays, Wednesdays, and Fridays each week. We are delivering a mix of hot meals, cold meals, and frozen meals, home-cooked from our kitchen. Drivers will not enter homes to maintain safe social distancing. Holidays may result in delivery schedule changes. Ionia County residents aged sixty and over who are homebound (unable to leave their home on a regular basis without assistance) or need additional support. A suggested donation of \$3.00 per meal is requested to help cover costs.

ZION UNITED METHODIST CHURCH**(616) 527-1910***423 W Washington Street, Ionia, MI 48846**Soup Kitchen Meals are served on Thursdays at 6:00 pm, arrival time is from 5:30 pm – 6:00 pm.*

Other Food Resources

DOUBLE UP FOOD BUCKS**(866) 586-2796**www.doubleupfoodbucks.org

The way this program works is that anyone with food stamps can double their dollars when they shop for MI-grown fruits and vegetables at participating locations, please go to website for list of participating locations or email to info@doubleupfoodbucks.org

FEEDING AMERICA WEST MICHIGAN FOOD BANK**(616) 784-3250***864 West River Drive, Comstock Park, MI 49321*www.feedwm.org

Feeding America West Michigan exists to ensure safe food is available to the hungry in our community. Their mission is to gather and distribute food to relieve hunger and increase food security in West Michigan and the Upper Peninsula.

IONIA COUNTY COMMISSION ON AGING**(616) 527-5365***115 Hudson Street, Ionia, MI 48846*www.ioniacounty.org/health/commission-on-aging*Senior Meals, congregate meals and home-delivered meals for people aged 60 or over.*

Community Resources

AARP FOUNDATION SENIOR COMMUNITY SERVICE EMPLOYMENT PROG. (616) 336-4295

AAAWM, 3215 Eaglecrest Drive Northeast, Grand Rapids, MI 49525 www.aarpfoundation.org/scsep

Hours: Monday – Thursday 8:00 am – 5:00 pm, and Fridays 8:00 am – 4:30 pm. SCSEP is a training and employment program for low-income, unemployed individuals, age 55 and up. Offers paid, temporary work training experience and help finding employment to older adults who meet eligibility requirements.

ADOPTIVE FAMILY SUPPORT NETWORK (616) 451-2021

805 Leonard Street NE, Grand Rapids, MI 49503 www.afsn.org

Offers support groups, workshops, and general information to all adoptive families in Michigan. Email for additional information at afsn@dabsj.org

ALCOHOLICS ANONYMOUS (AA) (616) 527-5341

Call Ionia County Health Department for local listings www.aa.org

Provides local listings for educational services for persons with alcohol, drug, or other related concerns. Services are also offered to families and friends of chemically dependent persons.

ALPHA FAMILY SERVICES OF GREENVILLE (616) 225-2265

705 N Hillcrest Street, Greenville, MI 48838 www.alphafamilycenter.org

Hours: Monday 10:00 am - 1:00pm, Tuesday 1:00 pm - 6:00 pm, Wednesday 10:00 am – 1:00 pm, Thursday 9:00 am - 2:00 pm (office hours only, client services by appointment) and Friday- Ultrasounds, call for details. Free and confidential services offered: pregnancy testing; confidential peer counseling; information on adoption and STD's; ultrasounds (restrictions apply); communications in relationships program; abortion information; post abortion classes; financial planning program; Earn-While-You-Learn parenting education program—practical assistance with clothing, diapers, formula, cribs, car seats, Bible studies, men's fraternity and more. Most services call for an appointment except for pregnancy testing.

ALPHA FAMILY CENTER OF LAKE ODESSA (616) 537-4200

1040 Fourth Ave Lake Odessa, MI 48849

Hours: Tuesday – Thursday 3:00 pm – 8:00 pm. Free pregnancy tests, free GED classes, free ultrasounds, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources.

ALPHA FAMILY CENTER OF LOWELL (616) 987-9533

519 E Main Street, Lowell, MI 49331 www.afclowell.org

Free pregnancy tests, free GED classes, free ultrasounds, material assistance through Earn While You Learn (EWYL) program, free English as a Second Language classes, Mom's Night Out, and referrals to outside resources. Hours: Monday & Wednesday 8:00 am – 5:00 pm, Tuesday & Thursday 10:00 am – 8:00 pm.

AMERICAN LEGION POST

Belding Post 203 - 121 S Broas Street, Belding, MI 48809 **(616) 794-2841**

Saranac Post 175- 69 N Bridge Street, Saranac, MI 48881 **(616) 642-9674**

Lends people (Belding and Saranac areas) crutches, wheelchairs, and other hospital equipment. A deposit is required but is refundable when items are returned.

AMERICAN RED CROSS**(800) 482-2411(24 hr. Emergency) or (616) 456-8661***1050 Fuller Avenue NE, Grand Rapids MI 49503*www.redcross.org/mi/grand-rapids

American Red Cross offers disaster relief services to families affected by natural or man-made disasters, as well as services to military families, and a wide range of health and safety education courses, such as CPR, First Aid & more. Red Cross also offers blood drives.

AREA AGENCY ON AGING – WEST MICHIGAN**(616) 456-5664***3215 Eaglecrest Drive NE, Grand Rapids, MI 49525*www.aaawm.org

AAAWM provides older persons and persons with disability an array of services and support designed to help them remain in their own homes and communities. AAAWM offers in-home care programs, including MI Choice Medicaid Waiver and Care Management to help provide these services to seniors on a long-term basis. AAAWM provides many more services designed for seniors and for caregivers to promote living independently.

BELDING COMMUNITY EDUCATION**(616) 794-4646***1975 Orchard Street, Belding, MI 48809*www.bas-k12.org

Provides adult education, alternative education, teenage parent program, adult enrichment program, and G.E.D. classes.

BELDING EMERGENCY FUND**(616) 794-1900***120 S Pleasant Street, Belding, MI 48809*www.ci.belding.mi.us

Applications available at Belding City Hall, Monday – Thursday. Assistance for housing (rentals only) or utility emergencies, no emergency shelter. Must have DHHS decision notice and copy of the bill. Belding School District residents only.

BETTER BUSINESS BUREAU MILITARY LINE**(800) 684-3222**

The BBB has an agreement with the Department of Defense to offer its well-known consumer education and advocacy services to experiences and circumstances unique to the military. As a partner in the Department of Defense (DOD) Financial Readiness Campaign, BBB Military Line® brings BBB services to military personnel (including Reservists and National Guard), retirees, DOD civilians, and their families. Through Memoranda of Understanding with the Army, Navy, Air Force and Marine Corps, and through status as a Coast Guard Qualified Organization, BBB Military Line offers a variety of free services and consumer education to the military via local BBB outreach.

BLUE STAR MOTHERS OF IONIA, KENT, AND MONTCALM COUNTIES**(989) 814-0650**

Chapter # 188 PO Box 366 Lakeview, MI 488

www.facebook.com/ikmbsmmioneeightyeightEmail: president.deptmi@bluestarmothers.us

We are mothers, stepmothers, grandmothers, foster mothers, and female legal guardians who have children serving in the military, guard or reserves, or children who are veterans. We support each other and our children while promoting patriotism. Our organization focuses on our mission every single day and will never, ever, forsake our troops, our veterans, or the families of our Fallen Heroes.

BUDDY-TO-BUDDY**(800) 642-4838**

Trained Volunteer Veterans help military service members overcome the stigma around asking for help and link those who are facing challenges throughout the deployment cycle with appropriate resources that will optimize their quality of life. Volunteer Veterans are trained to help veterans and service members address issues ranging from accessing financial, employment, legal, benefit, or educational resources to identifying mental health providers for emotional, substance abuse, or relationship concerns. Services are provided to Michigan service members and veterans, members of Michigan Army National Guard, and reservists residing in Michigan.

CATHOLIC CHARITIES WEST MICHIGAN**After hours: (616) 456-1443 (616) 855-5923***406 N State Street, Suite D, PO Box 480, Stanton, MI 48888*www.cctestmi.org

Hours: Monday-Thursday 8:30 am – 5:00 pm. Provides help to stabilize and strengthen families and children of all faiths through individual and family counseling, pregnancy support, adoption, and child abuse prevention program. Fees are based on a sliding scale determined by family size and income.

CELL PHONES*Safe Link Wireless*www.safelinkwireless.com **(800) 723-3546***Assurance Wireless*www.assurancewireless.com **(888) 321-5880**

If you receive food stamps, Medicaid, SSI, or are low income you may be eligible for a program that offers free cell phones and minutes. Applications are available at EightCAP, Inc. offices. Visit www.freegovernmentcellphones.net for more information on providers and plans in your area.

CHRISTIAN SERVICE CENTER**(616) 527-1530***301 W Washington Street, Ionia, MI 48846*

Hours: Tuesday & Wednesday 9:00 am - 12:00 pm & 1:00 pm – 4:00 pm and Saturday 9:00 – 12:00 pm. Collects and distributes donated clothing and household items.

COMMISSION ON AGING (IONIA COUNTY)**(616) 527-5365***115 Hudson Street, Ionia, MI 48846*www.ioniacounty.org/commission-on-aging

Provides programs to senior citizens including prescription assistance, respite care, home health aides, homemaker program, home delivered & congregate meals, tax preparation, transportation, caregiver services, Medicare and Medicaid Counseling, Senior Project Fresh program, wellness programs, and an adult activity center.

DIAL-A-RIDE**Belding****(616) 794-3278***100 Depot Street, Belding, MI 48809*

Provides transportation services within the Belding area and from Belding to Greenville, and Ionia. Transportation Hours: Monday-Friday 6:30 am - 5:30 pm; Saturday 9:00 am - 1:30 pm. Transportation to Ionia & Greenville, call for times. Cost of the service within the Belding area is \$2.50 per adult, \$2.00 per student, and \$1.25 per senior or disabled person. Children aged 3 years or younger ride free when accompanied by an adult.

Ionia (IDART)**(616) 527-4000***251 E Adams Street, Ionia, MI 48846*

Provides curbside public transportation to Ionia, Easton, and Berlin townships, city of Ionia, and a section of Orange Township. 24-hour notice encouraged but will take same day phone calls. Transportation Hours: Monday-Friday 6:00 am – 4:45 pm; Saturday 9:00 am - 1:00 pm Fares (One way): Children, senior citizens (62 years and over), persons with a disability card, and Pre-K Students \$1.50; Students (K-12) \$2.00; Adults and all other passengers \$3.00. Children 2 years and under are free with paying adult. Punch cards are also available.

Free to low-cost mediation services. Confidential, convenient, and effective. Mediation is a voluntary process that can be used to resolve a wide variety of disputes: divorce, custody, parenting time, landlord-tenant, neighbor conflict, employment matters, school matters, divorce, business disputes, or legal cases. Mediation provided in your area. You do not have to drive to Grand Rapids. We also provide restorative practices facilitation and training!

EIGHTCAP, INC.

5827 Orleans Road, Orleans, MI 48865

www.8cap.org

Administrative Offices**(866) 754-9315 or (616) 754-9315**

5827 Orleans Rd., Orleans, MI 48865

Self-Sufficiency Services**Community Services: (616) 236-1027** (call for more information)

- Heat/utility assistance when funding is available
- Computer Access Station- Use this FREE service to discover other helpful information that goes beyond EightCAP Community Services range of assistance.
- TEFAP & CSFP Commodity Programs available

Clients will be seen by appointment only for financial assistance. For emergency assistance, an Emergency Assistance Application must be filled out. The application can be found on our website, www.eightcap.org.

Homeless & Housing Assistance Programs:

Call the Housing Hotline at (866) 754-9315 opt. 3 to do a pre-screen if you are literally homeless, have a court ordered eviction notice, or at risk of becoming homeless, and need homeless/housing assistance. Services available may include Rental/Deposit Assistance, Motel Vouchers; MSHDA Vouchers.

Foster Grandparents**(616) 754-9315 opt. 5**

People 55 years and older volunteer a minimum of 15 hours a week in public schools, Head Start centers, etc. to work with children and families. The Foster Grandparents are participating in the American Reads Challenge and America's Promise. Participants receive a stipend, mileage reimbursement, annual physical and a meal at their site.

Great Start Readiness Program (GSRP)**(616) 754-9315 opt. 2**

A state funded preschool program for children who are 4 years of age or will be four by September 1st of the program year. Children must meet specific income and eligibility criteria.

0-5 Head Start**(616) 754-9315 opt. 2**

A federally funded child development program serving pregnant women, infants, toddlers, and children through age 5 years. Participants must meet specific income and eligibility criteria.

Senior Companions**(616) 754-9315 opt. 5**

Senior Companions are volunteers who are 55 years and older, income eligible and understand the challenges and importance of maintaining independence later in life. Senior Companions provide person-to-person, non-medical support to adults with chronic mental illnesses, developmental disabilities, physically frail elderly, and those who are homebound. Senior Companions serve a minimum of 15 hours each week. They receive a small non-taxable stipend, reimbursement for meals and mileage, on-duty insurance, annual physical, and monthly trainings. There is no cost to the clients they serve.

Weatherization**(616) 754-9315 opt. 4**

Free program that will help lower your fuel costs and make your home more energy efficient. Services offered may include water heater insulation blanket, low-flow shower head/wall/ceiling/floor insulation/ventilation, caulking, glass replacement, door sweeps, and weather stripping. Weatherization Assistance Program Application must be filled out and mailed to 3251 S. Derby Road, Sidney, MI 48885. The application can be found on our website, www.eightcap.org.

ENGLISH AS A SECOND LANGUAGE (BELDING AREA SCHOOLS)**(616) 794-4602**

1975 Orchard Street, Belding, MI 48809

Offering an adult education program that includes high school completion, GED preparation, adult basic education, and “English as a Second Language” classes.

ENRICH**(616) 522-1126**

343 W Main Street, Ionia, MI 48846

www.enrichioniami.org

Resale store hours are Wednesdays & Fridays, 11:00 am – 4:00 pm (summer hours may vary, please call for times). Assists low-income families through the Community Circle program. Provides used appliances and furniture for free to families with a need for them. There is also a store where other donated items can be purchased by the public. See website for more information.

FAMILY ASSISTANCE CENTER- GRAND VALLEY ARMORY**(517) 481-9889**

Family Assistance is a focal point of information by providing 6 essential services in times of contingency call up, mobilization, and large-scale deployments. Family Assistance is critical in providing help to all military families during these long term or short-term deployments. The Grand Valley Regional Family Assistance Center provides assistance and referrals for families in a region of counties including Gratiot, Montcalm, Ionia, and Isabella. Contact the Family Assistance Coordinator in the following counties: Isabella County- Katie Baxter-(231)796-6823 ext. 4, Gratiot County-Melissa Halm (517) 481-7323; Ionia County-Darnell Holmes (517) 481-8850; and Montcalm County-Amy Gould (616) 249-2741.

FARMWORKER LEGAL SERVICES**(269) 492-7190**

350 E Michigan, Suite 310, Kalamazoo, MI 49009

www.farmworkerlaw.org

Farm Worker Legal Services is a division of Legal Services of South-Central Michigan, providing free civil legal assistance to low-income persons, including migrant and seasonal farm workers. FLS represents and assists migrant and seasonal farm workers with legal problems in the areas of employment, benefits, housing, education, and immigration.

FEDERAL STUDENT AID (FAFSA) - FREE APPLICATION**(800) 433-3243**www.fafsa.ed.gov

Information by phone: Monday-Friday 8:00 am – 11:00 pm, Saturday & Sunday 11:00 am – 5:00 pm.

FRIEND OF THE COURT**(877) 543-2660***100 W Washington Street, PO Box 47, Ionia, MI 48846*www.ioniacounty.org/courts/foc/

Hours: Monday–Friday 8:30 am – 5:00 pm. The friend of the court office assists the court in custody and parenting time disputes. It enforces court orders when the parents are unable to resolve problems on their own.

GOODWILL RETAIL OUTLET STORES**www.goodwill.org***153 W Sprague Road, Ionia, MI 48846***(616) 527-4404**

Hours: Monday–Saturday 9:00 am - 7:00 pm & Sunday 11:00 am - 6:00 pm. Offers gently used or new merchandise at a fraction of its original price.

GREAT START TO QUALITY – CENTRAL CENTER**(877) 614-7328***(Child Care and Early Learning Resources)*www.greatstarttoquality.org

Helps link parents and those caring for young children with the resources, supports, and services needed to give Michigan children a Great Start. Great Start to Quality is an online statewide database of licensed, registered childcare and early education programs in Michigan. Families can access this database 24-hours a day, 7 days a week to search for and contact childcare providers quickly and conveniently who match their needs.

HABITAT FOR HUMANITY OF IONIA COUNTY**(616) 523-6611***115 S Depot Street, Ionia, MI 48846*www.ioniahabitat.org**Become a Homeowner Partner:**

To qualify to become a partner for a Habitat home, applicants must complete and return an application and document verification. The application is presented to a committee of educated decision makers on the topic of home ownership fiscal responsibility and fair housing laws. If you are selected to be a Homeowner Partner, you must attend a homeowner responsibility course and are required to do 250 sweat equity hours per adult in the household. The partner will then help build or rehabilitate a home and will be required to pay a small percentage of the sale price of their home as down payment and will have the responsibility of a mortgage payment that is no greater than 30% of their income.

A Brush with Kindness:

A Brush with Kindness (ABWK) is a program that started in the summer of 2016. ABWK helps low-income homeowners who struggle to maintain the exterior of their home reclaim their home with pride and dignity. Like our Homeowner Partnership, ABWK requires that service is provided to income eligible families, in need, who are willing to partner with Habitat, and pay for the repair services provided. **If you are interested in applying for ADWK, applications are available on our website at www.ioniahabitat.org. Volunteer Opportunities available too!**

HABITAT FOR HUMANITY RESTORE**(616) 841-9202***113 S Depot Ionia, MI 48846*

A ReStore is a nonprofit home improvement store and donation center. At our ReStore, we sell new and gently used building materials, home improvement items, appliances, and furniture at highly reduced prices for homeowners. If you are 16 years of age or older and enjoy helping people and making a difference volunteer at the ReStore! We are looking for volunteers to help assist in unloading and prepping items for the sales floor, stocking shelves, and assisting customers. If you are interested in volunteering at the ReStore, please contact Habitat for Humanity of Ionia County. Interested in donating? You can drop donations off to the ReStore Shop during business hours. We pick up! If you are unable to drop off your donation call and schedule a pickup time.

HAVE MERCY**(616) 225-8055***1015 E Washington Street, Greenville, MI 48838*www.havemercymi.org

Appointment Hours: Monday - Friday 1:00 pm - 5:00 pm. Homeless services provider who assist those presently homeless with emergency shelter and necessary supports. Also, aides' clients in searching for and obtaining permanent housing. Serves Ionia, Montcalm, & Northeast Kent Counties.

Genesis2: Sober Living and recovery program for men in need of accountability and assistance in rebooting their life. Connection to detox and rehab programs, recovery coaching, mental-physical-spiritual health, and job and housing help.

HEARTLANDS INSTITUTE OF TECHNOLOGY**(616) 527-6540***250 E Tuttle Road, Ionia, MI 48846*www.ioniaisd.org/cte

A career center serving the students of Ionia County. Offers a variety of different programs including Aviation Technology, Computer Programming, Construction Technology, Criminal Justice, Culinary Arts, Diesel Technology, Healthcare Foundations, Health Occupations, Machine Tool, and Plant/Animal Science. Centers are located in the Ionia Educational Center, along with Ionia High School, Montcalm Community College Ionia Campus, and the YMCA.

HUD-VASH**(616) 356-1746**www.va.gov/homeless/hud-vash.asp

Veteran's housing voucher program with HUD and the VA. Visit website for more information.

HOSPICE OF MICHIGAN**(888) 247-5701***Call for local area information.*www.hom.org

Hospice of Michigan provides comprehensive, compassionate comfort care to people with acute chronic illness and support to their loved ones.

HOME IMPROVEMENTS AND STRUCTURAL ALTERATIONS (HISA)www.prosthetics.va.gov/HISA2.asp

Under the Home Improvements and Structural Alterations (HISA) program veterans with service-connected disabilities or veterans with non-service-connected disabilities may receive assistance for any home improvement necessary for the continuation of treatment or for disability access to the home and essential lavatory and sanitary facilities. A HISA grant is available to veterans who have received a medical determination indicating that improvements and structural alterations are necessary or appropriate for the effective and economical treatment of his/her disability. A veteran may receive both a HISA grant and either a Special Home Adaptation (SHA) grant or a Special Adapted Housing (SAH) grant.

IONIA AREA HOSPICE**(616) 527-0681***P.O. Box 124, Ionia, MI 48846*www.ioniahospice.org

Independent, local, community based non-profit hospice providing the utmost in compassionate, meaningful end-of-life care. 24/7 informational visits and/or admissions wherever you call home.

IONIA COUNTY CLERK**(616) 527-5322***100 W Main Street, Ionia, MI 48846*www.ioniacounty.org/departmentsofficials/county-clerk/

Obtain birth, death, & marriage certificates, as well as conduct voter registration business.

To order an out-of-county Michigan birth certificate visit, www.michigan.gov/mdch.

We empower residents to live long and healthy lives by protecting the environment, providing health services, and educating the public to achieve positive health outcomes.

Environmental Health Division seeks to protect public health through the application of inspection and permitting activities in the areas of food service, sewage disposal and water supply, housing, nuisance abatement, and solid and hazardous waste elimination. Interaction with the public and with other regulatory agencies provides opportunity for information to be exchanged, and for hazardous situations to be abated.

Hours for Environmental Health Division: Monday – Friday 8:00 am – 4:00 pm

Personal Health:

Hours for Personal Health are as follows: Monday, Tuesday, Thursday, & Friday 8:30 am – 4:30 pm and Wednesdays 11:00 am to 7:00 pm.

Services Offered:

Women Infants, and Children (WIC) is a supplemental food and nutrition program for pregnant women and children 0 to 5 years of age.

Eligibility can quickly be determined with a phone call to the WIC Office (616) 527-5337.

- Nutritional assessments and services are provided by a Registered Dietitian.
- Supplemental foods include yogurt, milk, cold and hot cereals, cheese, eggs, bean and peanut butter choices and bread.
- Special formulas are available for infants with feeding difficulties
- Within WIC there is a program focusing on breastfeeding provided by an Internationally Board Credited Lactation Counselor that includes classes and support groups to help mothers get started breastfeeding and to continue breastfeeding for as long as possible.
- Fluoride Varnish is a program for Medicaid clients 0 to 3 years of age; its purpose is to prevent childhood dental cavities.

General Communicable Disease Control:

- Some infectious diseases are required to be reported to the Health Department by physicians and to the State of Michigan Department of Health and Human Services. Staff are knowledgeable and will help with that process. Some examples of reportable diseases are tuberculosis, hepatitis, rabies, meningitis, and others. Staff are available to answer any questions at (616) 527- 5341.
- Lead testing or screening is a program under Communicable Disease (CD) and available for children that are 12 months to 6 years of age. The screening test is a “finger poke” and if it is within normal range there is nothing more that needs to be done. If the screening results are high, a follow-up blood test is performed at the hospital and CD staff will assist you in discovering the environmental source of lead, order follow-up routine testing, offer information regarding making your home safer and nutritional tips to help keep your child stay healthy.
- Sexually Transmitted Infections offers testing for Chlamydia, Gonorrhea, and HIV. Chlamydia and Gonorrhea infections of individuals and their partners can be treated at the health department. HIV testing, if positive, requires referrals for further testing and medical care. All services are confidential.

Maternal Infant Health Home Visiting Program:

- This program is supported by Medicaid and/or a Medicaid Health Plan. The Program offers nursing and social work support, and nutritional services to pregnant women regarding pregnancy-related issues.
- After the baby is born, the program offers assistance with parenting skills, assessment of normal growth and development and assistance securing additional resources needed for the family.
- The maternal/infant program is intended to supplement prenatal and infant medical care by identifying health risk factors and delivering prescribed interventions.
- The ultimate goal of the Maternal Infant program is to promote healthy pregnancies and healthy babies.

Hearing and Vision screening for preschool and school aged children:

- Technicians provide both hearing and vision screenings in the schools.
- Hearing and Vision clinics are held periodically at the Health Department, by appointment. Call (616) 527-5341 to schedule a hearing and/or vision appointment.
- Any child that fails the screening exams is referred to a licensed eye doctor or an Ear, Nose, and Throat specialist for further evaluation as vision and hearing problems can lead to difficulties both at school and at home.

Children's Special Health Care Services is a mandated Public Health program for children and youth with special health care needs and their families:

- Experienced staff provide required program services that include information regarding covered medical services including paying specialty medical bills, diagnostic referrals, transportation, family support sources, and knowledge of any additional community resources that could be of assistance to the family. Families of all incomes are eligible to join, including those with other health insurance.
- The goal of CSHCS is to help individuals with special health care needs to have improved health outcomes through appropriate medical care, health education and support.
- CSHCS promotes and incorporates parent/professional collaboration in all program aspects.
- If you have a child with special physical health care needs, please call 616-527-5341 ext. 442.

Immunizations are available to children and adults at ICHD walk-in clinics.

- Hours for Immunization clinics hours are as follows: Hours are subject to change at any time.
 - Monday 12:30 pm – 3:00 pm (By appointment only)
 - Tuesday 10:00 am -3:30 pm (COVID vaccine only and by appointment)
 - Wednesday 9:00 am – 3:00 (By appointment only)
 - Thursday 9:00 am – 3:30 pm (Walk – in for any vaccines)
 - Friday (No immunizations given)
- Children: A parent or guardian must accompany the child. Medicaid, Medicaid Health Plans, Blue Cross, and Medicare Part D are insurances billed at the Health Department. A full range of CDC recommended vaccines are available to infants, children, and teens.
- Adults: Travel vaccines and other adult vaccines are available and Blue Cross can be billed. Charges for adult vaccines vary according to the vaccine. If you have questions regarding the necessary vaccines for a safe and health trip, please call 616-527-5341 ext. 408.

Dolly Parton Imagination Library

www.ioniaisd.org

Program for children 0 to 5 years old to receive a free book once per month. Must reside within the Ionia County Intermediate School District (*Belding, Ionia, Lakewood, Portland, and Saranac Schools*) to participate.

Early On**(800) 327-5966**

www.1800earlyon.org

Families who have concerns regarding their child's speech, language, or development can call for a free evaluation. Serving children 0-3 years old by offering home visits and parent education.

Referrals can be made locally at www.ioniaisd.org, click on Early Childhood Programs and then select Early On.

Great Start Collaborative**(616) 437-0548**

www.greatstartionia.org

A partnership of parents, community leaders, agencies, and organizations in Ionia County working together to support families and promote awareness on the importance of early childhood experiences. Our goal is to ensure children are born healthy and developmentally on track birth to 3rd grade.

Great Start Readiness Program (GSRP)**(616) 527-4900**

www.ioniaisd.org

Michigan's state-funded preschool program for children who turn 4 on or before September 1st of that school year and have factors which may place them at risk of educational failure. To strengthen learning at home and strengthen positive child outcomes, the program provides for active and continuous involvement of families in the learning process. Preschool applications may be found at the website or check with your local elementary school.

Parent-Child Playgroups**(616) 527-4900**

www.greatstartionia.org

Literacy based playgroups (in the districts of Ionia, Portland, and Belding) providing child development and resource information for any family with a child age 0 to 5 years.

Share Program (0-3 Special Education Program)**(616) 522-1410**

An early childhood special education program for eligible children that are newborn to 3 years old and their families providing developmental assessments, home visiting, playgroups, and a parent group.

Build Up Michigan**(888) 320-8384**

240 S. Bridge St. Suite 250 Dewitt, MI 48820

www.buildupmi.org

Provides free development evaluations for children, ages 3-5 suspected of having a disability including speech and language impairment, physical impairment, visual impairment, hearing impairment, other health impairment or a developmental delay.

IONIA COUNTY LITERACY COUNCIL**(616) 389-8529**

301 West Main Street, Ionia, MI 48846

www.ioniacountyliteracycouncil.org

Provides free tutoring services to adults, in reading, math, and english as a second language. The schedule and location of individual or small group tutoring is determined by each student and his/her tutor. The Literacy Council also offers opportunities to train as a volunteer tutor.

LAKWOOD COMMUNITY COUNCIL**(616) 374-8861***P.O. Box 485, Lake Odessa, MI 48849*

Serving residents of the Lakewood School District with Christmas baskets for low-income households, emergency utility assistance, fire relief, and through local food pantry.

LEGAL AID OF WESTERN MICHIGAN (Ionia & Montcalm Counties)**(616) 774-0672***25 Division S., Suite 300, Grand Rapids, MI 49503*www.lawestmi.org

Legal Aid of Western Michigan (LAWM) is a nonprofit law firm providing free legal advice and representation to low-income individuals in a broad range of areas including consumer cases, family matters, housing problems, government benefits, and more. You can apply for our services by phone or online. To apply by phone, please call the Counsel and Advocacy Law Line (CALL) at (616) 774-0672. Available Monday – Friday 8:30 am -5:00 pm, closed 12:00 pm – 1:00 pm. Individuals who are deaf, hard of hearing or speech-impaired can call 616-727-0916, which is Legal Aid of Western Michigan's TTY number, or contact CALL using a relay service.

FAMILY LAW – Our primary goals are ensuring safety and maintaining stable family relationships. Cases accepted include:

- Divorce for survivors of domestic violence
- In special circumstances, divorce to insure income maintenance and equitable property division
- Defense of custody for natural custodial parents within divorce, custody, support, and paternity cases
- Defense of natural parents' rights in minor guardianship cases
- Personal Protection Order representation

HOUSING – Our primary goals are preventing homelessness, maintaining housing stability and access, and improving housing safety and quality. Cases accepted include:

- Eviction defense
- Representing clients facing loss of a federal housing subsidy or denied access to a federal housing subsidy
- Challenging mortgage foreclosures and predatory mortgage lending and servicing practices
- Challenging land contract forfeitures and option contracts
- Mobile home park litigation
- Tax forfeiture defense
- Challenging unfair housing practices

PUBLIC BENEFITS – Our primary goals are income maintenance, food security and health care access. Cases accepted include:

- Representation in Social Security appeals for individuals eligible for State Disability Assistance or receiving State Disability Assistance, cessation cases, and overpayment cases. Representation in administrative hearing/appeals regarding denial or loss of cash assistance, food assistance, child daycare assistance, Medicaid/CHIP assistance, home health benefits, unemployment benefits (including fraud assessments), and veteran's benefits.

CONSUMER MATTERS – Our primary goal is protecting client income and resources from scams to creditor abuses and other unfair practices. Cases accepted include:

- Defense of debt collection actions (including garnishment and repossessions)
- Auto purchase and auto insurance cases
- Bankruptcy for eligible debtors with special circumstances
- Litigation regarding consumer purchases, student loans, debt assignments, utilities, and collection tactics

TAX – Our primary goal is preserving client income and assets.

- Tax controversies with the IRS

EDUCATION – Our primary goals is ensuring access to education. Cases accepted include:

- Expulsion hearings

INDIVIDUAL RIGHTS – Our primary goal is to remove barriers to employment and housing caused by criminal records or offender registries. Cases accepted include:

- Criminal record expungements
- Sex offender registry removal petitions
- Child abuse registry removal hearings

MANPOWER**(616) 527-6688**

429 W Main Street, Ionia, MI 48846

www.manpower.com

Helps to find temporary and permanent job placement.

MCKINNEY VENTO HOMELESS STUDENT SUPPORTS

Contact Student's Guidance Counselor

Working with the students, families, and schools to provide support, safety and success to students and their families experiencing homelessness. Working with agencies, churches, and organizations to accomplish stability and school success for these students. "Leading, collaborating and serving to create education without boundaries."

MICHIGAN BIKERS HELPING VETERANS

www.supportmiveterans.org

A nonprofit charity that receives donated funds to distribute here in Michigan to provide assistance to families of the fallen and/or wounded service personnel, or Veterans in critical financial need. Helping in the form of financial help like bills, rent, or repairs. You can apply for help on our website.

MICHIGAN DEPARTMENT OF HEALTH AND HUMAN SERVICES (MDHHS) (616) 527-5200

920 E Lincoln Avenue, Ionia, MI 48846

www.michigan.gov/dhs

Office hours: Monday- Friday 8:00 a.m.- 5:00 p.m. Online applications for public assistance programs can be submitted anytime online through MIBridges: www.michigan.gov/MIBRIDGES. A number of financial assistance programs are offered including food assistance (SNAP), medical assistance (Medicaid), childcare funding assistance, cash assistance (TANF), and state emergency relief assistance (utility, shelter, repairs, ect.). Child and adult services related programs are also offered including crisis prevention services, child foster home licensing, foster care placement, home help assistance, and volunteer services.

Adult/Child Protective Services

This number (855) 444-3911 is available 24 hours a day 7 days a week to report any incident of suspected child or adult abuse/neglect.

MICHIGAN LEGAL HELP

Free and accurate legal information for simple civil legal matters.

www.michiganlegalhelp.org

MICHIGAN MIGRANT LEGAL SERVICES**(616) 454-5055**

1104 Fuller NE, Grand Rapids, MI 49503

www.migrantlegalaid.com

Provides legal services to indigent migrant & seasonal farm workers & their families, regardless of their immigration status.

MICHIGAN STATE HOUSING DEVELOPMENT AUTHORITY (MSHDA) (517) 335-9885

735 E Michigan Avenue, PO Box 30044, Lansing, MI 48909 www.michigan.gov/mshda

Call to obtain number of local agents. Provides financial and technical assistance through public & private partnerships to create and preserve safe/decent/affordable housing. Rental assistance and homeless solutions, Housing Choice Voucher program and Section 8 applications.

MICHIGAN STATE POLICE Emergencies call 911 (989) 352-8444

10300 Howard City-Edmore Road, Lakeview, MI 48850 www.michigan.gov/msp

Lobby hours: 8:00 am – 4:00 pm. This post covers Gratiot, Ionia & Montcalm Counties.

MICHIGAN STATE UNIVERSITY EXTENSION OFFICE (616) 527-5357

50 E Sprague Road, Ionia, MI 488 www.canr.msu.edu/ionia

Hours: Monday-Friday 8:30 am – 12:00 pm and 1:00 pm - 5:00 pm. Services offered: Food and nutrition planning, 4-H, and budgeting skills. Provides information concerning agriculture and housing foreclosure prevention.

MICHIGAN VETERANS AFFAIRS AGENCY (800) 642-4838

www.michigan.gov/mvaa

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barrier's veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans' services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

MICHILD/HEALTHY KIDS (888) 988-6300

www.healthcare4mi.com

Provides health insurance for uninsured children of Michigan's working families. Covers regular check-ups, shots, emergency dental care, pharmacy, hospital care, prenatal care and delivery, vision, hearing, mental health, and substance abuse services for a \$10 monthly fee.

Go to www.michigan.gov/mibridges to apply online or to print paper application:

- Click on Health
- Click on MICHild Health Insurance Program
- Click on Application for Health Coverage
- Click on Apply by Paper (if need paper application)
- Print your document(s)

MID-MICHIGAN MIGRANT & ENGLISH LANGUAGE LEARNERS (616) 794-4753

Operated by Belding Area Schools, 1975 Orchard Street, Belding, MI 48809 www.bas-k12.org

The program provides supplemental educational services for eligible migrant students and for English Language Learners (EL) in 18 school districts covering most of Montcalm, Ionia, Clinton, and Gratiot Counties. The primary purpose of the program is to provide direct instructional services to eligible students, including a Parent Liaison/Community Liaison who helps to provide a communication link between home and school. The program also operates a 30-day summer school for eligible migrant and EL students in the 4 counties. Transportation provided to the schools in Belding & St. Johns from the 4-county area.

MID STATE HEALTH NETWORK (MSHN)**(844) 405-3094***530 W Ionia Street, Lansing, MI 48933*midstatehealthnetwork.org

Coordinating agency for the 8-county region of Clinton, Eaton, Gratiot, Hillsdale, Ingham, Ionia, Jackson, and Newaygo, for behavioral health and substance abuse services. Prepaid Inpatient Health Plan.

MILITARY ONESOURCE**(800) 342-9647**www.militaryonesource.mil

This service is provided by the Department of Defense at no cost to active duty, Guard and Reserve (regardless of activation status) and their families. It is a virtual extension of installation services.

MONTCALM COMMUNITY COLLEGE - IONIA CENTER**(989) 328-2111***250 E Tuttle Road, Ionia, MI 48846*www.montcalm.edu

Offers Associates Degrees and Certificates in Liberal Arts and Occupational Programs.

Job training programs are offered to meet the needs of the changing economy. Provides educational opportunities via credit and non-credit classes, both online and in a traditional classroom setting. In addition to the main campus in Sidney, the college has learning centers in Ionia, Greenville, and Howard City. On-site workplace training can be arranged. A pool, gym, and fitness center, including a climbing wall, is available for a minimal cost on the main campus in Sidney.

MONTCALM IONIA COLLEGE ACCESS NETWORK (MICAN)**(616) 527-4900**www.micanonline.org

Provides guidance for individuals interested in education after high school. This can include community college, universities, military, trade/vocational/technical schools, etc. Can help fill out college applications, filing for Free Application for Federal Student Aid (FAFSA) or finding college information.

POISON CONTROL CENTER**(800) 222-1222***Children's Hospital of Michigan Regional Poison Control Center*

24 hours a day, 7 days a week. Call for any possible poisoning concerns.

PORTLAND ALTERNATIVE AND COMMUNITY EDUCATION**(517) 647-2987***1090 Ionia Road, Portland, MI 48875*www.pace.portlandk12.org

Offers alternative education to teens, 8th grade-19 years old. Also offers adult High School completion classes for adults over 20 years old. Virtual school, 7th grade-19 years old.

PORTLAND AREA SERVICE GROUP**(517) 647-4004***144 Kent Street, Portland, MI 48875*

Provides Bingo on Mondays at 6:00 pm and Fridays at 9:30 am. Euchre and Set Back are played on a regular basis. Please call the Center for a schedule at (517) 647-4004.

POSITIVE SOLUTIONS INFORMED CHOICES (PSIC)**(616) 527-4626***330 Lovell Street, Ionia, MI 48846*www.psicionia.org

Hours: Wednesdays 1:00 pm – 7:00 pm, Thursdays 10:00 am - 2:00pm. Free and confidential services, pregnancy testing, limited ultrasounds, options consultations, educational classes, maternity & baby boutique, family resources. Call for an appointment. Text HELPLINE to 313131 or call 24-hour option line at 1-800-712-HELP.

RANDY'S HOUSE OF GREENVILLE**(616) 232-2915**

407 S Nelson Street, Greenville, MI 48838

www.randyshouse.com

Hours: Monday-Friday 9:00 am - 5:00 pm. Intake is available 24/7 and the intake phone number is (616) 498-2464. Serves 21+ counties including Gratiot, Ionia, Isabella, and Montcalm. Offers a sober safe living environment for both men and women, recovery services and programming, recovery coaching, peer to peer groups, multiple pathway groups, MSU Extension services, family programming, relapse prevention, referral to outpatient services, connection to a primary care physician and dentist, a pathway for upward mobility, increased responsibility, help with funding and fellowship.

RELIEF AFTER VIOLENT ENCOUNTER (RAVE)-IONIA/MONTCALM, INC**(616) 527-3351**

www.raveim.org

Ionia Safehouse

24-Hour Crisis Line (800) 720-7233(SAFE)

Crisis Response Advocate

(616) 527-3351 Ext.231

Volunteer Coordinator

(616) 527-3351

Outreach Counseling/Greenville Office

(616) 225-2118

RAVE offers free and confidential services to survivors of domestic and sexual violence. Individual counseling and support groups, Legal advocacy/Resources & Referrals, Safety Planning/Case Management/Crisis Intervention, Education and Prevention for victims, Emergency shelter for domestic and/or sexual assault survivors. **This is NOT a homeless shelter.*

RIVER'S EDGE DROP-IN CENTER**(616) 522-9773**

302 E Main Street, Suite 2, Ionia, MI 48846

email: r.cent@att.com

Hours: Monday-Saturday 10:00 am - 4:00 pm. River's Edge Drop-in Center, or REDIC. A community center for adults with mental illness. Must be 18 years or older. You do not have to have a developmental disability to participate in the support groups.

SALVATION ARMY**Call Center (855) 929-1640**

The agency carries out a year-round program to assist in meeting emergency needs per funding availability.

SARANAC LIONS CLUB**(616) 901-5473***Contact: Gary Hubbard*

Provides aid in helping with eyeglasses and eye exams to members of the community who are in need. Serving the Ionia and Saranac area.

SERVICE TO SOLDIERS LEGAL ASSISTANCE REFERRAL PROGRAM**(517) 371-5140**

Service to Soldiers Legal Assistance Referral Program through Cooley Law School helps service men and women resolve legal problems they face upon return from deployment by matching them with volunteer attorneys across Michigan. Contact-Heather Spielmaker.

SLEEP IN HEAVENLY PEACE**(844) 432-2337**

www.shpbeds.org

All children deserve a safe, comfortable place to lay their heads. To many children go without a bed - or even a pillow - to sleep on. These children end up sleeping on couches, blankets, and even floors. This can affect their happiness and health. That is where Sleep in Heavenly Peace comes in. We are a group of volunteers dedicated to building, assembling, and delivering top-notch bunk beds to children and families in need. For children aged 2-17 years old. You must apply through website listed.

SOCIAL SECURITY ADMINISTRATIONwww.ssa.gov*1940 Sweeney Street, Mt. Pleasant, MI 48858***(877) 405-7667***502 N State St STE A, Big Rapids, MI 49307***(855) 245-0641***3045 Knapp Street NE, Grand Rapids, MI 49525***(877) 319-5710**

Hours: Monday-Friday 9:00 am – 4:00 pm, Wednesday 9:00 am – 12:00 pm. Hours may vary at each location, call to check. Administers the Social Insurance programs for retirees, adults/children with disabilities, widows & widowers for retirement, disability, and survivor's benefits.

SPECIAL OLYMPICS MICHIGAN**(800) 644-6404***111 Hillcrest Street, Greenville MI 48838*www.somi.org

Contact Person: Richard Nostrant, (616-788-7616 cell) Director, Area 6–Montcalm/Ionia Counties. Year-round sports training and competition is provided to children and adults with intellectual disabilities. The minimum age for competition is 8 years-old but training opportunities for young athletes (ages 2 years to 7 years) are also available.

THE RIGHT DOOR FOR HOPE, RECOVERY, AND WELLNESS24-Hr **(888) 527-1790***375 Apple Tree Drive, Ionia, MI 48846*www.rightdoor.org*7441 Storey Road, Belding, MI 48809**208 W Bridge Street, Portland, MI 48875*

Provides various services such as: 24-Hour Crisis Response and Intervention; Access to individuals seeking behavioral health services; Assertive Community Treatment; Applied Behavioral Analysis; Applied Suicide Intervention Skill Training (ASIST); Community Inpatient Treatment; Community Living Supports; Family Support and Training; Functional Behavioral Assessment (FBA) and Behavior Treatment Planning; Home Based Services; Housing Assistance; Infant Mental Health, Integrated Healthcare Coordination; Jail Diversion; Juvenile Justice Liaison; Nursing Home Mental Health Assessment and Monitoring; Older Adult/Alzheimer-Dementia Supports; Outpatient Therapy- Individual, Family, and Group; Parent Support Partner; Peer Support; Psychiatric Care; Respite Care; School-based Outreach; Supported Employment; Targeted Case Management and Supports Coordination; Treatment Foster Care; Wraparound Services and Veteran Services. Provides various group therapy such as: Anger Management; Caring for Children with Trauma; Chronic Pain Group; Cognitive Behavioral Therapy (CBT); Cognitive Behavioral Therapy (CBT) for Teens; Community Activities; Dialectical Behavioral Therapy (DBT); DBT for Teens; Gardening; Get Out and Play; Grandparents Group; Grief and Loss; Healthy Relationships; Just Craftin' Around; LGBTQI; Love & Logic; Men Supporting Men; Mindfulness Movement; Nurturing Parent Group; Parent Support Group; Pursuing Recovery Group; Recovery Stick Group; Seeking Safety; Stress Less; Survivors of Suicide; The Great Outdoors; Women's Support Group; and Young Men's Life Guidance.

TRI-COUNTY HOMEWORKS PEOPLE FUND**(800) 421-8956 ext. 1272***7973 E Grand River Avenue, Portland, MI 48875*www.homeworks.org

Provides coverage to certain areas of Ionia County. The mission is the accumulation and disbursement of funds for charitable purposes for the benefit of persons in the Tri-County Electric service area. This shall be accomplished by disbursement of funds to individuals and organizations for food, shelter, clothing, health, and other needs for programs or services that benefit a significant segment of a community. See website for more details and application.

TWO RIVERS COUNSELING**(517) 647-4747***307 Kent Street, Portland, MI 48875*www.tworiverscounselingpc.com

Provides adult counseling including trauma, grief, and loss & substance use/addictions including gambling.

TRIO EDUCATIONAL OPPORTUNITIES CENTER**(616) 234-3596***GRCC, 143 Bostwick Ave NE Grand Rapids, MI 49503*www.grcc.edu/employers-community/trio-eoc

We are a new federally funded grant program which provides services and connections for disadvantaged and underserved adults who would like to pursue job training and/or educational opportunities. We help people find the educational opportunities that fit them best and we assist them in accessing the funding they qualify for. We help with things like enrolling in a GED program, ESL classes, applying for college (not just GRCC), finding a job training program, earning a certificate, filling out the FAFSA, informing about available programs, and accessing scholarships.

UNITED STATES DEPARTMENT OF VETERAN AFFAIRS (VA)www.va.gov

Serves as the central coordinating point for Michigan veterans, connecting those who have served in the U.S. Armed Forces, and their families, to services and benefits throughout the state. The agency works to identify and break down barrier's veterans face in employment, education, health care and quality of life, making Michigan a great place for veterans and their families to call home. The agency aggregates veterans' services currently found in 14 state agencies as well as hundreds of community-based veteran programs to create a no wrong door access to benefits and services.

UNITED WAY OF MONTCALM-IONIA COUNTIES**(616) 794-9840 or (800) 417-2622***302 S Bridge St Belding, MI 48809*www.liveunitedm-i.org

Hours: Monday–Friday 8:00 am - 4:00 pm. Referrals to local agencies that assist in meeting community needs. Volunteer Connections Program provides volunteer opportunities for both individuals and groups. VITA (Volunteer Income Tax Assistance) provides free tax preparation for low-to-moderate income residents in many locations across Montcalm and Ionia Counties.

USDA RURAL DEVELOPMENT**(616) 942-4111 ext. 6***3260 Eagle Park Drive, Suite 107, Grand Rapids, MI 49525*www.rd.usda.gov/mi

Hours: Monday–Friday 8:00 am - 4:30 pm. Finances direct home loans in rural areas for modest housing to households at or below 80% of the adjusted median income. Issues loans and grants to very-low-income rural homeowners to improve or modernize their home; make their home decent, safe, and sanitary; remove health and safety hazards; or to repair or remodel their dwelling to make it more accessible and usable for household members with a disability.

VETERANS4USA**(616) 418-8797**www.veterans4usa.com

At Veterans4USA, we are dedicated to stepping up our efforts in addressing the homelessness issue. Veterans4USA is a nonprofit organization that provides help for homeless veterans in need of clothing, toiletries, and furnishings for their new homes in Central Michigan. We also provide meals during the holiday season.

VETERAN'S CRISIS LINE**(800) 273-8255, press 1**www.veteranscrisisline.net

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring, Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call 1-800-273-8255 and Press 1, chat online, or send a text message to 838255 to receive confidential support 24 hours a day, 7 days a week, and 365 days a year. Support for deaf and hard of hearing individuals is available.

375 Apple Tree Dr Ionia, MI 48846

Hours: Monday – Friday 8:00 am – 5:00 pm.

VFW NATIONAL HOME FOR CHILDREN**(800) 313-4200**www.vfwnationalhome.org

Located in Eaton Rapids, Michigan this national non-profit provides a life changing opportunity for military and veteran families looking to rebuild their lives. They provide up to four years of rent-free housing and daycare, one-on-one case management services, counseling, recreational and educational opportunities and more in their peaceful countryside community. Their caring helpline staff also provide advocacy, referrals and more to all callers.

WEST MICHIGAN WORKS!**(616) 389-8525***603 W Adams St Ionia, MI 48846*www.michiganworks.org

Hours of operation: Monday-Friday 8:00 am - 5:00 pm. Service Center services are open to everyone. Specialized services may be available to dislocated workers, displaced homemakers, unemployed or underemployed adults and youth. Services available include job search preparation and skills, resume preparation, applications, interviewing, labor market information, Pure Michigan Talent Connect www.mitalent.org, career assessment, older workers workshop, occupational training, and employment related support services.

WOMEN'S RESOURCE CENTER**(616) 458-5443***678 Front Avenue NW, Suite 180, Grand Rapids MI 49504*www.grwrc.org

Hours: Monday, Wednesday, & Thursday 9:00 am - 5:00 pm; Tuesday 9:00 am - 7:00 pm and Friday 9:00 am - 12:00 pm. Gender specific assistance focusing on low-income single mothers, women who are justice-involved, and unemployed/underemployed women facing challenges in the workplace. Services include career exploration, employability & life skills, education/training, assistance, classes & workshops, mentoring/support groups, business center, professional clothing, and scholarship program.

OTHER HELPFUL RESOURCES**SPAY NEUTER EXPRESS****(616) 897-8865***11610 Fulton Street E, Lowell, MI 49331*www.spayneuterexpress.com

Spay Neuter Express is a team of 3 doctors, many veterinary assistants and technicians, office staff, 2 mobile surgical units with multiple brick and mortar locations. Our goal each and every day is to provide you with an excellent service at a very fair and responsible cost. We work with families with individual pets, as well as rescues, shelters, and humane societies. We are privately funded and do not use tax dollars to provide our services. We value our pets as part of the family and realize that our clients feel the same way. Each pet is treated with care and respect. Services offered include low cost/high quality spay/neuter, vaccinations, routine testing, parasite control, and microchips.

Michigan Government Directory

Governor

Gretchen Whitmer
PO Box 30013
Lansing, MI 48909
(517) 335-7858

Gretchen.Whitmer@michigan.gov

Lieutenant Governor

Garlin Gilchrist II
PO Box 30013
Lansing, MI 48909
(517) 373-6800

Garlin.Gilchrist@michigan.gov

Attorney General

Dana Nessel
PO Box 30212
Lansing, MI 48909
(517) 335-7622

miag@mi.gov

Secretary of State

Jocelyn Benson
430 West Allegan Street, 4th Floor
Lansing, MI 48918
(517) 373-3400

Website: www.michigan.gov/sos

U.S. Senator

Gary Peters
Hart Senate Office Building, Suite 724
Washington, D.C. 20510
(202) 224-6211

senator@peters.senate.gov

U.S. Senator

Debbie Stabenow
731 Hart Senate Office Building
Washington, D.C. 20510
(202) 224-4822

senator@stabenow.gov

**To find your
Congressional District,
visit**

www.mcgi.state.mi.us/districtlocator/

U.S. Representative

John Moolenaar
246 Cannon House Office Building
Washington, D.C. 20515
(202) 225-3561

Website: <https://moolenaar.house.gov>

District 2

(Includes Isabella, Gratiot, Montcalm & Ionia Counties)

Michigan Senator

Rick Outman
P.O. Box 30036
Lansing, MI 48909-7536
(517) 373-3760

SenROutman@senate.michigan.gov

District 33

(Includes all of Montcalm & most of Ionia Counties)

Michigan Senator

Roger Hauck
P.O. Box 30036
Lansing, MI 48909
(517) 373-1760

RogerHauck@house.mi.gov

District 34

(Includes Isabella & Gratiot Counties)

Michigan Representative

Gina Johnsen
N House Office Building 10-1097, P.O. Box 30014
Lansing, MI 48909
(517) 373-1796

GinaJohnsen@house.mi.gov

District 78 (Includes most all of Ionia County)

Michigan Representative

Pat Outman
N-1195 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-3436

PatOutman@house.mi.gov

District 91 (Includes most of both Ionia & Montcalm Counties)

Michigan Representative

Graham Filler
N-1197 House Office Building, P.O. Box 30014
Lansing, MI 48909
(517) 373-1778

GrahamFiller@house.mi.gov

District 93

(Includes parts of Gratiot & Montcalm Counties)

Michigan Representative

Jerry Neyer
N House Office Building 11-1196, P.O. Box 30014
Lansing, MI 48909
(517) 373-1789

JerryNeyer@house.mi.gov

District 92

(Includes all Isabella & part of Gratiot Counties)