Waiver:
I know that walking/running in a road race is a potentially hazardous activity. I should not enter myself or my son/daughter in a run/walk unless they are medically able and properly trained. I agree to abide by any decision of a race official relative to their ability to safely complete the run/walk. I assume all risk for myself or my son/daughter associated with running in this event, but not limited to falls, contact with other participants, the effects of weather, including traffic and conditions of the course, all such risk being known and appreciated by me. Having read this waiver and knowing these facts and in my considering of your accepting my entry, I, for myself and anyone entitled to act in my behalf, waive and release: Centurion 5K, all sponsors and volunteers, and any representatives and successors from all claims or liabilities of any kind arising out of participation in this event.

Date: ________________________________________________
Signature: _____________________________________________
(Parent or guardian must sign if participant is under 18 years of age)

In Case of Emergency, Notify
Name: ________________________________________________
Relationship: __________________________________________
Phone: ________________________________________________

Montcalm Community College
2800 College Dr. Sidney, MI 48885

Saturday, March 2
The event starts at 9 a.m. on Montcalm Community College’s Sidney campus.
All Proceeds Benefit MCC’s Cross Country Program.
Location
Montcalm Community College will host this event on its Sidney campus located at 2800 College Dr, Sidney, MI 48885. The race will start in front of the MCC Activities Building. Registration is inside the Activities Building.

Course Description
Runners will run along paved and grassy areas around the college. The course is flat and fast.

Age Groups (men and women)
- 10 and under: 30-34
- 11-14: 34-39
- 15-18: 40-44
- 19-24: 45-49
- 25-29: 50-54
- 30-34: 55-59
- 34-39: 60-64
- 40-44: 65-69
- 45-49: 70-74
- 50-54: 75 and over

Awards
- Awards for the top three finishers in each age group
- T-shirts for all participants
- Overall male and female awards
- Overall Masters male and female (40 and over)

Questions/Race Hot Line
Contact Kevin Sweeney at kevin.sweeney@montcalm.edu or 616-863-0669.

Registration Form (Please Print)
Name: ____________________________________________________________
Address: _________________________________________________________
City: ____________________________ State: _____ Zip: ______
Phone: (___) _____________ Date of Birth: _________________________
Age On Race Day: __________
Email address: ___________________________________________________

Gender (Select One)  □ M  □ F
Event  □ RUN  □ WALK  □ FUN RUN

Shirt Size (Select One)
ADULT:  □ S  □ M  □ LG  □ XL  □ XXL
CHILD: □ Medium □ Large

Registration Fee:
$30.00 Registration Fee (includes t-shirt) There is no charge for fun run participants. Fun run participants will receive a ribbon upon completion of their race (approximately 1 mile)

(Race Day Registration from 8 – 8:45 a.m. Not guaranteed a t-shirt for race day registration)
Please return this form with your check made payable to: Montcalm Community College

Mail Registration To: Montcalm Community College Attn: Kevin Sweeney
2800 College Dr.
Sidney, MI 48885

Register Online at: runsignup.com/Race/MI/Sidney/Centurion5K